



# Seating, Positioning & Mobility Assistive Technology (AT) – the What, When, Who, and Why

## What is Seating, Positioning, & Mobility Assistive Technology?

Examples of mobility devices include canes, walkers, crutches, orthotics & prosthetics, wheelchairs, scooters, and power chairs. Improving postural control & deformity management, pressure & postural management, or comfort & postural accommodation are reasons for seating and positioning devices.

## When and where do I need to use them?

The need for Seating, Positioning, and Mobility AT devices can occur at any time and in any place.

## Who needs Seating, Positioning, and Mobility AT?

Seating, Positioning, and Mobility AT is important for people with disabilities who need assistance to achieve or maintain a position that enables them to participate in daily activities. It is essential for anyone with difficulty maintaining a functional seating position that allows for purposeful movement. It is also essential for anyone who has difficulty moving from one area to another area.



## Why is Seating, Positioning, and Mobility AT important?

AT can reduce or eliminate the need for human assistance for daily activities by providing a functional seating position. It can reduce fatigue, allowing the person to participate for extended periods and save energy for other tasks. Devices that aid in mobility enable a person to transition from one place to another to participate in daily activities. Someone with limited mobility may not even be able to leave his bed in the mornings without a device for support and safety.



Technology has many advantages, but careful consideration is needed to meet an individual's unmet needs in the community, educational, and employment settings. To learn more about navigating the world of Seating, Positioning & Mobility AT, visit [Seating, Positioning & Mobility – Explore AT from AT3 Center](#). The assistive technology solutions provided on this site are intended as examples to give an idea of the types of Seating, Positioning & Mobility AT currently available in today's market. Also, remember to [contact your AT Act Program](#) to learn more and explore services available to help make an informed purchasing decision and obtain the AT needed.

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